

# Montana Rainbow Dress Code

Revised 3/27/2025

Rainbow Girls are required to wear dresses at most functions. When there is an exception to this rule it will be noted when the event is planned. The way Rainbow Girls dress sets them apart from other young ladies in the crowd. A proper dress code commands respect and admiration, gives us more confidence and is a reflection of the core values Rainbow teaches.

- **Dresses and Formals:** Floor length gowns are to be worn to Initiation and Installation.
  - Proper undergarments are to be worn and not visible, this includes pantaloons or long shorts to be worn with hoop skirts.
  - Dresses/formals must have a strap: any strap is OK including halter, single straps and spaghetti straps.
  - Strapless gowns are permitted ONLY when worn with a shrug or shawl.
  - No plunging necklines- follow the “armpit rule” This states that the neckline cannot go below an imaginary line drawn from one armpit, across the chest to the other armpit
  - Backs of dresses should cover 50% of the back.
  - A single slit is permissible in dresses, skirts, or formals beginning no higher than below the fingertips. Appropriate undergarments with a comparable slit must be worn so the undergarment is not visible.
  - No solid black
  - Hosiery is suggested when wearing meeting or formal attire
  - Dress or skirt length should be determined by using the “fingertip rule.” The hemline of the garment should not be above the fingertips when standing with your arms at your side. This is approximately 2 inches above the knee.
  - Not too short and not too tight
  - There are to be no jeans, shorts, split skirts, gloves or head coverings of any kind worn during meetings
- **Slacks for business meetings**
  - Slacks or “business casual” pants DO NOT have double stitched seams and the “patch type” rear pockets. Jeans are not slacks, regardless of color
  - The same color requirements apply to slacks; black slacks may be worn but must be paired with a colorful top.
- **Shoes**
  - Shoes for Rainbow meetings should be comfortable and easy to walk in. Shoes worn with formals should be dress shoes. Flip flops, recreational shoes or sports shoes may not be worn to Rainbow meetings. Please avoid very high heels
- **Casual events**
  - Rainbow girls will attend some events where casual clothing is acceptable but there are still guidelines which should be followed. Shorts should not be too short, clothing should not display inappropriate logos or designs, swimwear may be a two-piece suit but should be conservative (no string bikinis) Cover-ups must be worn when going to and from swimming pools in hotels. Clothing should not be revealing, tattered or torn.

- **Tattoos**
  - **Visible tattoos are permissible at the discretion of the respective Mother Advisor and the Supreme Deputy/Inspector. Excessive size or offensive images or language will not be allowed. Therefore, girls must be prepared at all times to cover their visible tattoos.**
  
- **Piercings**
  - **Piercings are permissible. Visible jewelry should be minimal in size, suggested to be approximately 3.26 mm or 8 gauge or smaller. Large or excessive jewelry may be required to be covered or removed at the discretion of the respective Mother Advisor or Supreme Deputy/Inspector.**
  
- **Visitors should also comply with our dress code. Members of the Assembly should advise guests of our dress code to prevent embarrassment due to inappropriate dress.**
  
- **The most important point regarding dress code is that your Mother Advisor and Advisors have the final say. It doesn't matter if all of the above rules are followed, if the Mother Advisor or one of your advisors says the dress item is inappropriate it cannot be worn. Mother Advisors and Advisors of each Assembly are responsible for enforcing the dress code for their own girls.**
  
- **When visiting other jurisdictions, the dress code of that jurisdiction should be adhered to if it is stricter than the Montana dress code. Be sure to check their dress code BEFORE leaving for your visit.**